

## Indiana Conference of the United Methodist Church

### *FIRST MONDAY* *Continuing Education Opportunity* **2009-2010**

The *First Monday* training program is an opportunity for persons to both grow in knowledge and train towards certification in the area of pastoral care and counseling. Usually held on the *First Monday* of each month, mornings will be a theory seminary and afternoons will be both a consultation and supervision opportunity (the afternoons will be taped). Topics to be included are brief-term, supportive counseling methods, crisis intervention, grief and loss, divorce recovery, pastoral diagnosis, referral, and the application of pastoral care principals in the broader functions of ministry.

Any pastor or lay person in the Indiana Conference is welcomed to participate in this experience. Persons who are not United Methodists from Indiana are welcomed but will be required to register at a higher fee (see registration material). Those who participate in the *First Monday* experience can use this in seeking the Pastoral Care Specialist with the American Association of Pastoral Counselors. This national certification requires a minimum of fifty contact hours of training and supervision. Participation is also opened to those who have already gone through a previous two-year cycle of training and/or who may be already certified. Registrants may also receive continuing education credits through the National Board of Certified Counselors for an additional fee.

Dr. P.T. Wilson is the facilitator for these meetings. He is the ordained clergy serving under full-time appointment at Gobin Memorial United Methodist Church in the Terre Haute District; he is also the University Chaplain for DePauw University. Licensed as both a Mental Health Counselor and Marriage and Family Therapist, he is certified as a *Fellow* with the American Association of Pastoral Counselors and as a Clinical Member of the American Association of Marriage and Family Therapy. In addition to this program he also provides individual and group supervision for those who are working towards clinical certification in AAPC and/or AAMFT.

**Date:** Begins September 14, 2009 (see listing below)

**Time:** 9am until 4pm

**Location:** Indiana Conference Bloomington Office, 1520 S. Liberty, Bloomington, IN

**Registration fee:** \$20 per session of \$125 for all ten sessions for any clergy or laity of the Indiana United Methodist Conference (\$75 per session for all others)

## Dates and topics for *First Monday* 2009-2010

|                    |   |
|--------------------|---|
| September 14, 2009 | Time Structuring                          |
| October 5, 2009    | Assessments and When to Refer             |
| November 2, 2009   | Infidelity in Relationships               |
| December 7, 2009   | Pornography in Relationships              |
| January 4, 2010    | Ways of Reasoning: Erickson               |
| February 1, 2010   | Ways of Reasoning: Kohlberg               |
| March 1, 2010      | Ways of Reasoning: Sheehy                 |
| April 5, 2010      | Ways of Reasoning: Gardner                |
| May 3, 2010        | Family Systems: an overview               |
| June 7, 2010       | Family Systems: current models of healing |

|                       |                             |              |
|-----------------------|-----------------------------|--------------|
| September 25-26, 2009 | MW Region AAPC              | Ft. Wayne    |
| April 15-17, 2010     | Association Conference AAPC | Indianapolis |